



## TEAM ONTARIO Tour de l'Abitibi – (U19 Male) – Selection Document

**Location:** Val-D'Or, QC

**Date:** July 16-23, 2018

**Applications due by:** May 22, 2018

**Final Selection Date:** July 1, 2018 [sooner depending on Team Canada selections]

**Cost:** \$800 - \$900 [TBC] – Includes travel, race registration, accommodations, meals, coaching and mechanical services.

### Objectives

- To achieve a Top 10 finish on any of the 7 stages;
- To achieve a Top 20 finish in the overall GC;
- To achieve a Top Team Ranking in the overall team standings;
- To provide an opportunity for athletes to compete at the highest U19 Nations Cup level;
- Top a positive presence for Team Ontario among other Provincial Teams;
- To provide recognition of development programs that athletes represent;

### Application

Athletes must apply online at <https://ccnbikes.com/#!/events/4354-tour-de-labitibi-applicationv2>

**Please note that within the application you will be asked the following:**

- a) Please provide your goals for this project and reasons why you feel you would be a good selection for the team
- b) Please provide and up to date Mean Max Power Curve, link to Training Peaks, or detailed report on your training this season

### Mandatory Participation Events

- Ontario Road Provincial Championships – June 3, 2018
- Canadian Road National Championships 2018 – June 23-26, 2018  
**Note: There is no requirement to race with Team Ontario in order to be considered for this project.**
- Abitibi Team Training Day @ Horseshoe Resort – Saturday July 7, 2018

***Athletes will be considered if they meet any of the following\*\****

1. OHPSI Identified Athletes
2. Quest for Gold Identified Athletes
3. Top 15 placing - Junior Canadian Road Championships [RR/TT] – June 23-27, 2018
4. Top 5 U19 Athletes (who applied to Abitibi project) O-Cup standing as of June 22, 2018
5. Winner of the U19 Provincial Championships - June 3rd, 2018
6. Coach/Committee's Choice (based on other high level competitions and O-Cup performances);

\*\*Achieving one or more of the above does not guarantee selection and final decision will remain with the High Performance Committee

***Final Selection*** – Six (6) Athletes will be chosen by High Performance Committee in-conjunction with the Head Coach to represent Team Ontario at the Tour de l'Abitibi.

The Committee will be evaluating athletes based on the following items [equally weighted]:

- Athlete performance results during the 2018 season with additional emphasis placed on Canadian Road National Championships
- Athlete strengths as it relates to the needs of the team
- Athlete ability to work as a team

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**Staff**

Head Coach – Kevin Simms; NCCP Performance Development Cycling Coach  
Soigner/Manager – Michael Suraci; Ontario High Performance Manager  
Mechanic – Andrew Doble; Horseshoe Resort Cycling Center