

CAMP DATES – Toronto BMX (Pan Am BMX)

TUESDAY July 3, 2018 10am-4pm

TUESDAY August 14, 2018 10am-4pm

Camp will be lead by Canadian NextGen BMX Coach – Brendan Arnold



BMX RISING STAR CAMPS 2018

The focus of the Rising Stars BMX Camp is to prove you have all the fundamentals it takes to be a next gen BMX athlete.

The camp will include SX exposure, technical support on BMX skills, review of gate starts and technique and opportunity to train with other expert riders in a group session.

Skills tested include:

- Sprint Technique and Form
- Gate Form and Review
- Manual, Jumps and Air Awareness

Applications must be submitted online at

<https://cenbikes.com/#!/events/oca-high-performance-rising-starts-bmx-application> **Deadline Friday June 16th (Limited to 16 spots)**

**OCA Rising Stars BMX
Camps 2018**

**So you are a expert
BMXer?
Ages 10-16 in 2018**

**Do you have what it
takes to be a
champion?**

**Are you ready to hit
SX?**



Application Deadline June 16

\$50/camp (Includes lunch)



Ontario Cycling Association