

Adult Upgrade/Downgrade Request Form

Please fill out this form if you wish to race in a category that is not your current age or ability category. **If you have the pre-requisite Upgrade Points to upgrade, you do not need to fill out a form. Just contact the office to arrange an update to your licence/membership card.**

Note: Only results from sanctioned races are considered. Fondos, Tours or Club Race results are not considered.

Upgrade requests based on a Private Team's request to have you race a specific category MUST be accompanied by a supporting letter from the team manager.

1 request form per cycling sport

Email: support@ontariocycling.org

Name:	
Date of Birth (YYYY/MM/DD):	
Club/Team (If Applicable):	
Cycling sport/discipline request is for:	
Current Category:	
Requested Category:	
Current Upgrade Points:	

Reason for Request:

Race Results:

Date	Race Name	Result	Result Web Link