

ONTARIO CYCLING ASSOCIATION
2019-2021 Canada Games MTB Program
and Selection Process

Version 1.0 – March 25, 2019



BACKGROUND

The Summer Canada Games is a two-week multi-sport event taking place every four (4) years. Athletes represent their province with the provincial sport organizations having the responsibility to select the athletes to represent Ontario in their respective sport. In 2021, the Canada Games will be held in the Niagara Area and include the sports of Mountain Bike [XCO, Team Relay, Eliminator] and Road Cycling [Time Trial, Road Race, Criterium].

Preparation for the 2021 Canada Games will begin in 2019 with camp and competition opportunities for talent identification and creation of a Canada Games athlete pool. Initial selection criteria will be posted in early 2020 with revision for final selection criteria by early 2021.

PROGRAM OBJECTIVES

- Provide a comprehensive evaluation of all eligible Ontario athletes through a variety of camp and competition opportunities.
- Select athletes which provide the best opportunity for medal potential across all elements of the competition
- Represent Ontario and the Ontario Cycling Association in a positive manner, demonstrating sportsmanship and respect to all competitions, coaches, and officials
- Maximize cycling's contribution to the Team Ontario medal standings

GENERAL SELECTION PROCESS

Application

All athletes attending a Canada Games Talent ID/Assessment Camp will be considered for selection. Athletes unable to attend a Canada Games Camp will be considered if they have completed an athlete application and provide information to coaches when requested.

Timeframe

Talent Identification and assessments will begin in **June 2019** and conclude in **May 2021**. A more detailed timeline is provided on the following page [subject to change]

Athletes will be selected into Canada Games Identified Pool of five (5) male and five (5) female athletes* at three dates: **October 2019; October 2020; May 2021**. Final Team selection of three (3) male and three (3) female athletes take place May/June 2021.

Canada Games Identified Pool

Athletes selected into the Pool will be prioritized for specific OCA projects. Non-selection to the Pool will not exclude athletes from being selected to attend projects [application and selection process to be posted with each project]. Athletes within the Pool must also be demonstrating their commitment to training and fitness.

Pool Selection Criteria

The top four (4) highest scoring athletes using the Athlete Assessment Tool* along with one (1) athlete who may be selected as a coach/committee choice [despite not being the next highest scoring athlete] will be invited into the pool.

*Found at end of document [subject to modification]

OCA Canada Games Program

2019

May	Canada Games Webinar <ul style="list-style-type: none">• Games information• Program overview	All interest athletes/coaches/parents
June 22	Talent ID/Assessment Camp#1	Men/Women (ages 14-18)
Sep/Oct	Talent ID/Assessment Camp#2	Men/Women (ages 14-18)
October	Ranking Pool Established	Top 5 Men/Women Identified

2020

Feb	Endurance Camp [Application]	Pool athletes (ages 15-19) + selections
May/June	Talent ID/Assessment Camp#3	Men/Women (ages 15-19)
September	Talent ID/Assessment Camp#4	Men/Women (ages 15-19)
October	Ranking Pool Established	Top 5 Men/Women

2021

Feb	Endurance Camp	Pool Athletes (ages 16-20) + selections
May	Final Assessment Camp/Competition	Pool Athletes + New Selections
June	Final Team Selection	3 Men/3 Women + Alternates
July	Team Training Camp	Team Ontario CSG Athletes
August	Canada Games	Team Ontario CSG Athletes

ATHELTE SELECTION AND MONITORING TOOL

Instruction	Weighting	COMPETITION	Rating			
			1	2	3	4
Rate Best Performance	5	U23 World Championships	Qualify	Top 40	Top 30	Top 25
	4.5	JR World Championships	Qualify	Top 30	Top 20	Top 10
	2.5	Junior National Championships	Top 30%	Top 20%	Podium	Nat. Champ
	2	U17 National Championship	Top 30%	Top 20%	Podium	Nat. Champ
	1.5	Canada Cup Top Performance	Top 30%	Top 20%	Podium	Champ.
	1	Provincial Championships	Top 20%	Top 10%	Poidum	Pro. Champ.

Instruction	Weighting	PERFORMANCE TIMES [Times will be specific to course]		Rating				
				Not Meeting Requirements (1)	Partially Meets Requirements (2)	Meets Requirements (3)	Exceeds Requirements (4)	
Average Applicable Factors	2	Men	U17	200m start				
			U19	200m start				
			U23	200m start				
		Women	U17	200m start				
			U19	200m start				
			U23	200m start				
		Men	U17	1 lap				
			U19	1 lap				
			U23	1 lap				
		Women	U17	1 lap				
			U19	1 lap				
			U23	1 lap				

Instruction	Weighting	TECHNICAL	Rating			
			Low proficiency of skill (1)	Some ability to perform the skill (2)	Good proficency & ability to perform the skill (3)	Excellent proficiency & ability to peform the skill (4)
Avg. of 9 factors	1	Pedaling Skill/Gear Selection				
		Cornering				
		Bike Control				
		Descending/Drop/Gaps				
		Climbing Ability				
		Obstacles[log overs, rock garden]				
		Approach/Race Strategy/Passing				

			Rating			
Instruction	Weighting	PSYCHOLOGICAL	Rarely or Not Observed (1)	Observed Inconsistently (2)	Observed Consistently (3)	Exceeds Expectations (4)
Avg. of 5 Factors	1	Growth Mindset				
		Coachability				
		Commitment				
		Mental Skills				
		Communication				

			Rating			
Instruction	Weighting	BEHAVIOURAL	Rarely or Not Observed (1)	Observed Inconsistently (2)	Observed Consistently (3)	Exceeds Expectations (4)
Avg. of 4 Factors	1	Preparedness				
		Nutrition/Hydration				
		Respect and Sportsmanship				
		Team Work				