



Cadet/Junior Track Nationals 2018

OVERVIEW

The 2018 Canadian Junior Track National Championships will be taking place in Ontario, April 13 – April 15. The Ontario Cycling Association will focus on the team events (team pursuit/team sprint) for the 2018 Championships. This will involve a composite team approach through the selection of Ontario's strongest athletes [athletes will wear Team's of Ontario Kit]. For all individual events athletes will compete with their club/trade team.

COACHING STAFF

This initiative will be organized by OCA Track Coordinator, Andrew Moss, with several coaches invited to participate in leadership and assisting roles. This is to help build coaching capacity, share knowledge, and help build a better united Ontario track system moving forward.

SELECTION AND TRAINING

Athletes will be selected to participate in the team event training using the selection criteria found on the following page. The 2018 Ontario Provincial Track Championship results and performance at OCA Rising Star/Excellence Camps, O-Cups, and Youth Development Series will be used for athlete selection.

1. Be eligible for the cadet or junior categories at the 2018 Track Nationals and possess of valid 2018 UCI Canadian License for track. [Athletes selected to the "A" team must be a Canadian citizen]
2. Must be certified to ride the Milton velodrome.

Selected athletes will be expected to attend all training sessions any exceptions will need to be discussed with coaching staff.

KEY DATES [All training will take place at the Milton Velodrome]

March 2 – 4: 2018 Ontario Provincial Track Championship.

March 7: Announcement of athletes selected to participate in team event training.

March 12-16: **Teams of Ontario Camp** – (details TBA)

March 24: Training Day

April 4: Announcement of Final Team Selections

April 13 – 15: 2018 Cadet/Junior National Track Championships

2018 Teams of Ontario – OCA Selection Criteria

U17, U19, - Men & U17, U19, - Women

Location: Milton Velodrome

Selection Criteria:

Junior Men

1. Member of 2017 Junior worlds track cycling team.
2. Meets track time standard* at 2018 Ontario Track championships - Milton
3. Endurance standard: 3km – 3:38. Sprint standards: Kilo – 1:10, Flying 200m- 11.4

Junior Women

1. Member of 2017 Junior worlds track cycling team.
2. Meets track time standard* at 2018 Ontario Track championships - Milton
3. Endurance Standard: 2km– 2:39, Sprint standard: 500m– 39.5, Flying 200m- 12.7

U17 Men

1. Meets track time standard* at 2018 Ontario Track championships - Milton
2. Endurance Standard: 2km– 2:30, Sprint Standard: 500m– 36.8, Flying 200m– 11.9

U17 Women

1. Meets track time standard* at 2018 Ontario Track championships - Milton
2. Endurance Standard: 2km– 2:48, Sprint Standards: 500m– 40.5, flying 200m- 13.5

*Making the Time Standard does not guarantee selection. It will be at the discretion of the coaching staff in determining the final number of athletes selected to the camp.

Additional Considerations

- Athlete performance in bunch racing
- Athlete times achieved at Eastern Championships
- Athlete technical ability in Team Pursuit/Team Sprint
- Consideration may be given to U15 (upgrading for Nationals) recognizing they will be in a lower gear at provincials than the U17s

Please check the Ontario Cycling Association for updates.