

<b>Program</b>	<b>Multi-sport Modules</b>	<b>Sport Specific Courses</b>	<b>Additional Component</b>
Let's Ride! Cycling Community Initiation (new program)	Not applicable	Community Cycling Initiation (includes Basic Cycling Skills) 14 hours	Make Ethical Decisions online evaluation required. Trained status only (not Certified) in this program.
Ready to Race!Cycling Introduction to Competition - Training Coach (replaces Level 1)	Not applicable (now integrated in Cycling program)	Training Coach Ready to Race- Training Basics 14 hrs plus Basic Cycling Skills, 7 hrs plus one of Road Skills & Tactics, 7 hrs MTB Skills & Tactics, 7 hrs BMX Skills & Tactics, 7 hrs	Make Ethical Decisions online evaluation required. Training Coach is an interim step. Must complete Race Coach (below) to be eligible for Evaluation and Certification.
Ready to Race! Cycling Introduction to - Competition Race Coach (replaces Level 2)	Not applicable (now integrated in Cycling program)	Race Coach: Complete Training Coach level (above) plus: Ready to Race- Training to Race, 14 hrs plus a second of Road Skills & Tactics, 7 hrs MTB Skills & Tactics, 7 hrs BMX Skills & Tactics, 7 hrs	Make Ethical Decisions evaluation required if not already done. Evaluation required for Certification.
Level 3*	Competition Development multi-sport	Cycling Level 3 Technical (Prerequisite is Level 2 Certification in one discipline plus completion of a Ready to Race Skills and Tactics in a second discipline)	Minimum 3 years experience including Prov/Terr projects.
Level 4 & 5	Level 4 and 5 training Level 4 and 5 training is jointly managed by the National Coaching Institutes and CCA and consists of 20 modular courses/learning requirements. (Prerequisite is full Level 3 Certification.)		