



OCA Athlete Development Model

The Mandate of the OCA Athlete Development model is to:

Develop riders to the National Team Program and/or self-sufficiency through a Trade Team. The focus will be development of riders through the OCA LTAD to accomplish this mandate.

The OCA athlete development system (on right) was created to illustrate the scope of the program. The OCA is also committed to a full High Performance program for the "Train to Compete" and "Learn to Win" stages of the athletes development model.

The OCA focuses its impact at the "Train to Train", "Learn to Compete" and "Train to Compete" phases of the LTAD. At this level the OCA can provide the services and projects to fulfill its mandate of development and measure success through Ontario representation on National and Trade Teams

**** Ontario Cup** – Is a series of provincial races that are open to all abilities and age levels.

*** Canada Cup** – Is a series of national races that are only open to elite level riders and are used to help identify riders for National Team.

