

2004 K-W Classic Road Race

SISU Ontario Cup Road Series #3



Technical Guide

Presented by ExtremeRoad.com
June 13, 2004



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Schedule

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Category	Start Time	Distance	Entry Fee
Registration Opens	7h00		
Under-17 Men	8h45	50 km, 11 laps	20
Junior Men	8h45	80 km, 17 laps	20
Senior 3 Men	8h45	80 km, 17 laps	30
Master A 30-39 Men	8h47	80 km, 17 laps	30
Awards	11h15		
Master B/C/D 40+ Men	11h20	70 km, 15 laps	30
Senior & Master Women	11h22	70 km, 15 laps	30
Junior Women	11h22	50 km, 11 laps	20
Awards	13h25		
Senior 1 & 2 Men	13h30	120 km, 26 laps	35
Novice Under-19	13h31	10 km, 2 laps	15*
Novice 19+	13h31	15 km, 3 laps	15*
Awards	16h50		

*Only \$10 for Citizen Permit holders. \$15 includes the cost of a One-Event Permit.

Course Description

The course consists of a 4.6 km circuit with rolling hills and features a 1 km flat finish. A map and profile of the course is provided. Riders are encouraged to view the course but are not permitted to warm-up on the course or otherwise ride the course while other events are in progress. The start/finish is located on Wabanaki Drive 200m north of Goodrich Drive.

The course is not closed. Some light traffic may be encountered from time to time and riders should stay to the right side of the road at all times, whenever possible. Riders should also watch for parked cars.

Marshals and barricades are stationed around the course to help direct riders and control traffic at key locations. Marshals will be in place beginning with the start of the first race.

Riders and spectators must park in the designated areas and must not park along the roadsides on or near the race site.

Medical / Hospitals

An ambulance will be stationed on site. There is also an Urgent Care clinic located nearby at the corner of Wilson Avenue and Fairway Road. There are two hospitals in Kitchener: St Mary's Hospital on Queen's Blvd and Grand River Hospital on King St. See the map in this guide for directions.

Event Rules

- The races will be held under the rules of the UCI/CCA with OCA modifications.
- The CCA rules are available on-line at: www.canadian-cycling.com/e2/rulebook/index.htm.
- The penalty scale of the CCA rulebook will be applicable.
- Registration closes 15 minutes before the start of each race.
- Registration payment is by cash only. No cheques or credit/debit cards will be accepted.
- There is no pre-registration.
- All riders must sign on at registration.
- All UCI-licensed riders are eligible to register. OCA Citizen Permit holders under the age of 17 may also register. For all other unlicensed riders, OCA One-Event Racing Permits (\$10) will be available for all categories except Senior 1&2 Men. Citizen Permits will be available for riders under 17 in age.
- U.S riders with domestic licences must purchase a One-Event Racing Permit and are eligible to register in the category listed on their domestic licence.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.
- **For Novice races, riders must not possess a Road licence. Citizen Permits and MTB-only licences can be used to register, otherwise One-Event Permits for Novice races are \$5.**
- An OCA representative will be present at the race to assist with rider licensing issues. One-Event Racing Permits and Citizen Permits will be available from the OCA. There are no plans to sell UCI licences on race day. Please contact the OCA for more details.
- All riders (or parents/guardians) are required to sign the OCA and CCA waivers, unless they have an OCA-issued licence.
- Races will start promptly at the indicated start times.
- There will be a minimum of four licensed commissaires officiating at this event.
- There will not be a team managers meeting.
- There will not be any team vehicles permitted on the course.
- The feed zone will be located on an uphill section of the course as indicated. It will be marked with green flags. All feed zone activity must take place from the right side of the road only. The UCI/CCA Regulations state that feeding may not take place during the first 50km of a race and not during the final 20km of a race; however this may be modified at the discretion of the commissaires depending on race conditions. Neutral Feed will not be provided.
- **Any rider dropping out of the race shall immediately notify a commissaire.**
- As this is a road race, there are no free laps for mishaps (e.g. crashes and punctures). Riders suffering mishaps will be serviced from the service vehicles and must continue the race from the point of the mishap.
- In the event of a mishap, riders are strictly forbidden from drafting behind vehicles for lengthy periods in attempting to catch up to their group. Such drafting may result in disqualification.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- Lapped riders may be pulled at the order of the commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own group.
- Riders who are dropped from the main bunch must proceed at their own risk and should always, when possible, ride on the right side of the road with the flow of traffic.
- FSR radio channels 11, 12, 13 and 14 are reserved for use by the organization, officials and medical personnel and therefore riders and teams should avoid their use.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.
- The prize list will be displayed at registration. Additional primes may be announced on the start line.
- Awards will be presented before the start of the following race according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders are expected to wear their competition uniforms for the presentation.

Equipment Rules

- As per UCI/CCA Rule 1.3.018, new wheel regulations will be enforced. **Only traditional wheels or approved non-traditional wheels are permitted.** Consult the list of approved non-traditional wheels at www.uci.ch/english/about/wheels.htm.
- Only standard handlebars are permitted.** Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted.
- As of January 1, 2003, the UCI equipment regulations now apply to all categories of riders, including Masters, therefore **only bicycles that fit the UCI definition are now permitted (ie. no Softride framesets, etc.)** See Section 2 of Chapter 3 in the 2003 CCA Regulations.
- Riders are required to wear jerseys corresponding to the club or team printed on their licence. Independent riders and unlicensed riders are required to wear plain-coloured jerseys with no significant logos, team names or advertising displayed on them. **Novice riders are exempt from this rule.**
- Sleeveless jerseys are not permitted.
- Riders are expected to supply their own OCA-issued road race numbers. For those without OCA numbers, there will be temporary numbers available for a refundable deposit of \$5. All riders must wear two numbers positioned as shown in this guide. Only OCA-approved numbers may be worn. Numbers must not be folded or modified and must clearly display the advertiser's logo. **Novice riders are issued numbers free of charge.**
- Although 2-way radios are permitted, the organization reserves FSR radio channels 11, 12, 13 and 14 for use by the organization, officials and medical personnel.
- Neutral service vehicles will be supplied by the organization and assigned to follow every race. Riders are encouraged to bring their own spare wheels to be placed in the service vehicles before the start of their race. Wheels must be clearly marked with the rider's number or with the rider's team name if it is intended for use by any member of a particular team. Although efforts will be made to provide a rider's own spare wheels in the event of a mishap, in the interests of servicing a rider quickly, service vehicles may supply wheels at random. The organization is not responsible for damage to wheels, even resulting from use by other riders.
- Riders are required to wear hard-shell ANSI or SNELL approved bicycle helmets** while racing and also warming up.
- Gear restrictions will be in effect for Junior and Under-17 categories, plus Under-19 Senior 1&2 riders.**
- Novice riders will not have any gear restrictions.**
- The use of glass containers is strictly prohibited during the race.

Prizes

Category	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
Under-17 Men	Gold Medal, merchandise	Silver Medal, merchandise	Bronze Medal, merchandise							
Junior Men	Gold Medal, \$80	Silver Medal, 50	Bronze Medal, 30							
Senior 3 Men	Gold Medal, \$100	Silver Medal, 80	Bronze Medal, 70	60	50	40	30			
Master A 30-39 Men	Gold Medal, \$100	Silver Medal, 80	Bronze Medal, 70	60	50	40	30			
Master B/C/D 40+ Men	Gold Medal x3, \$100	Silver Medal x3, 80	Bronze Medal x3, 70	60	50	40	30			
Senior & Master Women	Gold Medal x2, \$300	Silver Medal x2, 200	Bronze Medal x2, 140	100	80					
Junior Women	Gold Medal, \$80	Silver Medal, 50	Bronze Medal, 30							
Novice Under-19	Gold Medal, merchandise	Silver Medal	Bronze Medal							
Novice 19+	Gold Medal, merchandise	Silver Medal	Bronze Medal							
Senior 1 & 2 Men	Gold Medal, \$300	Silver Medal, 200	Bronze Medal, 140	100	80	70	60	50	40	30

- Ontario Cup points will be awarded to eligible riders.
- Ontario Cup points also count towards the OCA Club Challenge. See the OCA web site for details.
- Separate sets of medals (not prizes) will be presented to the top Master Women, Master C and Master D riders.
- Additional prizes may be announced during the races and will be described at the start of each race.
- Gold Medal winners will also be presented with a bottle of champagne (riders must be of legal age.)

Figure 1. Course Map

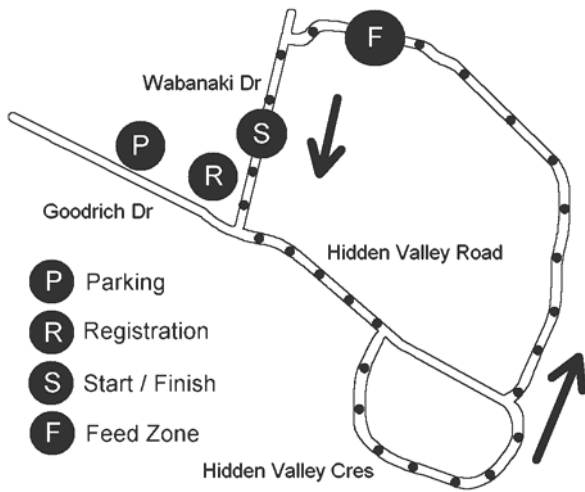


Figure 2. Course Profile

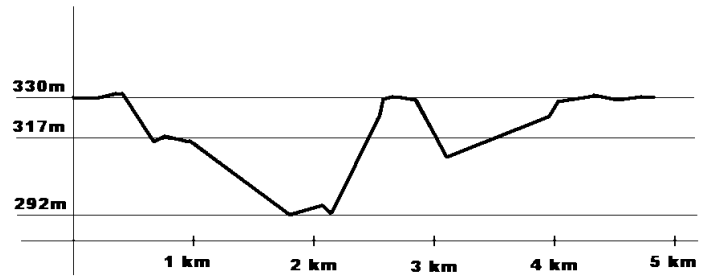


Figure 3. Number Placement

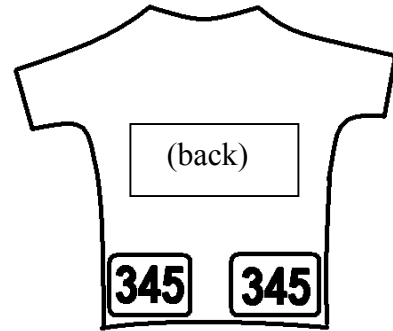


Figure 4. Map to Hospitals and Clinics

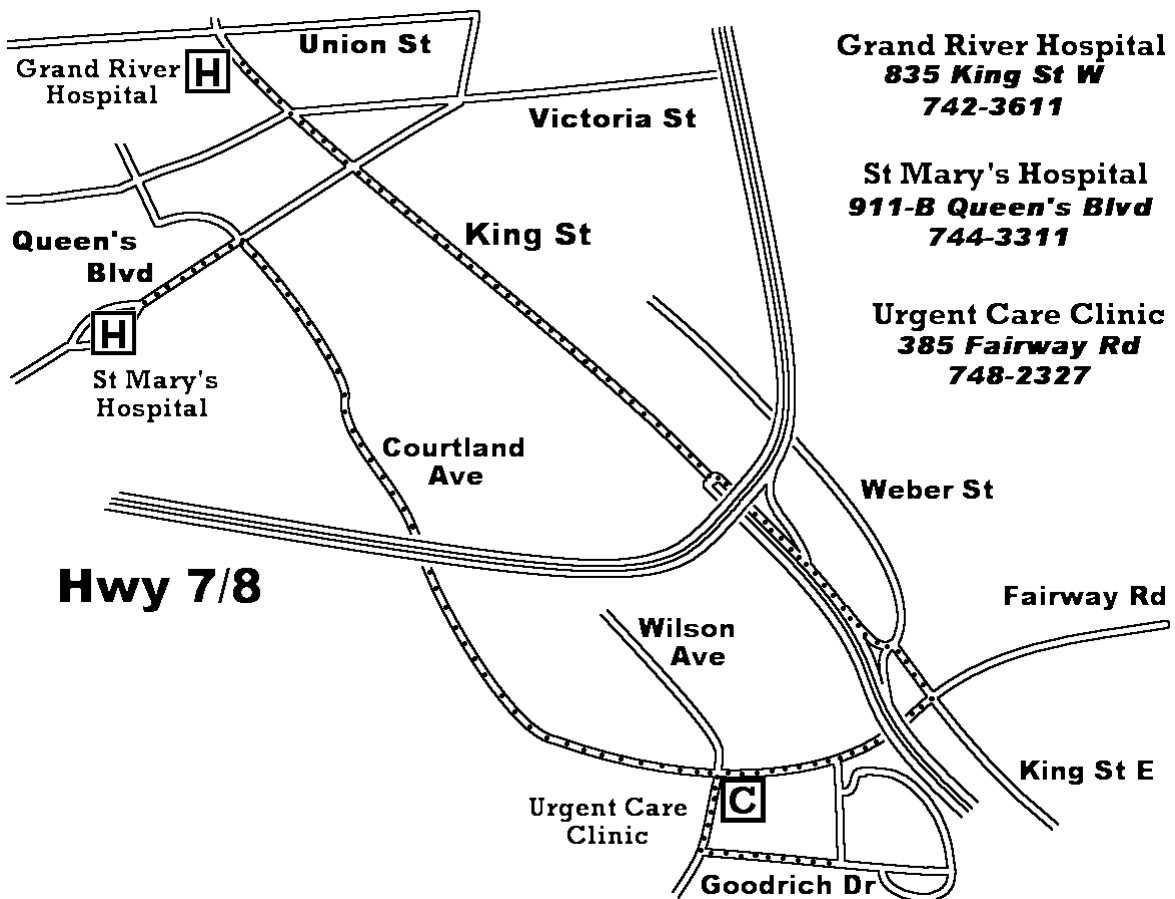


Figure 5. Directions

From Hwy 401 Westbound

Take Hwy 8 exit to Kitchener.
Take Fairway Rd Exit.
Stay right onto King St E
to Fairway Rd.
Turn Right on Fairway Rd.
Turn Left on Wilson Ave.
Turn Left on Goodrich Dr.
Parking is on the Left.

From Hwy 401 Eastbound

Take King St E (Reg. Rd 8) exit 278
Stay right onto King St E.
Take the exit to Hwy 8 Kitchener.
Continue as above.

