

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

U13 Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race1
1	250	Mitchell	SLOBODIAN	Independent	1/1	Under 13	3	45:29.1 1: 10:14:34 10:14:33.2
								2: 15:36 10:30:08.8
								3: 15:31 10:45:39.1

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Terry Fox Athletic Centre, Ottawa, ON

U15 Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race1
1	255	Timothy	AUSTEN	Ottawa Bicycle Club	1/4	Under 15	4	48:48.7 1: 10:11:52 10:11:51.9
								2: 11:58 10:23:49.3
								3: 12:35 10:36:24.2
								4: 12:35 10:48:58.7
2	258	Adam	JAMIESON	Team Hardwood-Trek	2/4	Under 15	4	49:14.6 1: 10:11:53 10:11:53.0
								2: 12:12 10:24:04.9
								3: 12:54 10:36:58.4
								4: 12:27 10:49:24.6
3	257	Derek	GEE	OBC	3/4	Under 15	4	51:41.0 1: 10:12:02 10:12:01.7
								2: 12:30 10:24:31.2
								3: 13:19 10:37:50.0
								4: 14:01 10:51:51.0
4	256	Miles	BETTERIDGE	Ottawa Bicycle Club	4/4	Under 15	3	47:22.8 1: 10:14:32 10:14:31.8
								2: 16:29 10:31:00.6
								3: 16:33 10:47:32.8

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Terry Fox Athletic Centre, Ottawa, ON

U17 Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race1
1	262	Yohan	PATRY	VCMontréal-Cycles Ré	1/5	Under 17	4	39:00.5 1: 10:09:54 10:09:53.5
								2: 9:49 10:19:42.5
								3: 9:54 10:29:35.7
								4: 9:35 10:39:10.5
2	263	Benjamin	PERRY	Coach Chris/Ted Veli	2/5	Under 17	4	39:09.0 1: 10:09:54 10:09:54.0
								2: 9:49 10:19:42.8
								3: 9:54 10:29:36.0
								4: 9:43 10:39:19.0
3	261	Brandon	ETZL	Coach Chris.ca/Ted V	3/5	Under 17	4	39:51.0 1: 10:09:55 10:09:55.0
								2: 9:56 10:19:50.6



						2: 9:51 11:51:31.7
						3: 10:15 12:01:46.3
						4: 10:03 12:11:49.1
						5: 9:56 12:21:44.3
						6: 9:52 12:31:35.4
8	144 Sean	KELLY	Spoke O Motion	8/12 Junior Men	6 59:50.3	1: 11:41:18 11:41:17.4
						2: 9:58 11:51:15.1
						3: 10:06 12:01:20.5
						4: 10:04 12:11:24.1
						5: 9:55 12:21:18.2
						6: 10:33 12:31:50.3
9	141 Alex	GIBSON	esteemtraining.com	9/12 Junior Men	6 1:04:06.2	1: 11:42:00 11:42:00.0
						2: 10:10 11:52:09.1
						3: 10:22 12:02:30.6
						4: 10:40 12:13:09.9
						5: 11:09 12:24:18.3
						6: 11:48 12:36:06.2
10	140 Brendan	CUBELLO	esteemtraining.com	10/12 Junior Men	5 53:11.1	1: 11:42:00 11:41:59.3
						2: 10:44 11:52:42.4
						3: 10:42 12:03:23.6
						4: 10:51 12:14:14.2
						5: 10:57 12:25:11.1
11	143 Ryan	HUMPHRIES	ESTEEMTRAINING.COM	11/12 Junior Men	5 54:40.4	1: 11:42:13 11:42:13.0
						2: 10:55 11:53:08.0
						3: 11:07 12:04:14.6
						4: 11:15 12:15:29.3
						5: 11:12 12:26:40.4
12	150 Jonathan	PECCHIA	Team Spoke O'Motion	12/12 Junior Men	5 56:19.9	1: 11:42:34 11:42:33.7
						2: 11:09 11:53:42.7
						3: 11:18 12:05:00.3
						4: 11:41 12:16:41.2
						5: 11:39 12:28:19.9

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Espoir Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race3
1	90	Kevin	MASSICOTTE	Independent	1/4	Espoir Men	7 1:11:48.3	1: 13:25:38 13:25:37.2
								2: 10:21 13:35:58.0
								3: 10:14 13:46:11.9
								4: 10:28 13:56:39.6
								5: 10:33 14:07:12.2
								6: 10:42 14:17:53.8
								7: 9:55 14:27:48.3
2	91	Michael	MILLER	Ride With Rendall	2/4	Espoir Men	7 1:17:03.7	1: 13:26:10 13:26:09.1
								2: 10:45 13:36:53.6
								3: 11:08 13:48:01.6
								4: 11:12 13:59:12.7
								5: 11:03 14:10:14.7
								6: 10:49 14:21:03.0
								7: 12:01 14:33:03.7
3	93	Patrick	TWOMEY	Quadcycles	3/4	Espoir Men	6 1:14:01.8	1: 13:27:26 13:27:25.1
								2: 11:46 13:39:10.8

3: 12:13 13:51:23.2  
 4: 12:34 14:03:56.3  
 5: 12:50 14:16:46.2  
 6: 13:16 14:30:01.8

4 92 Liam TWOMEY QuadCycles 4/4 Espoir Men 6 1:16:17.5 1: 13:27:02 13:27:01.8  
 2: 12:10 13:39:11.5  
 3: 12:12 13:51:22.6  
 4: 12:30 14:03:52.1  
 5: 12:53 14:16:45.0  
 6: 15:33 14:32:17.5

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Master A Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race3
1	121	Mogg	PETER	THE HUB RACE TEAM	1/30	Master Men A	6	57:05.8 1: 13:25:57 13:25:56.2 2: 9:30 13:35:25.9 3: 9:39 13:45:04.2 4: 9:46 13:54:49.9 5: 9:36 14:04:25.1 6: 9:41 14:14:05.9
2	118	Shawn	MARSHALL	Les Rouleurs de l'Ou	2/30	Master Men A	6	58:11.6 1: 13:26:13 13:26:12.8 2: 9:42 13:35:54.3 3: 9:51 13:45:44.3 4: 9:48 13:55:31.9 5: 9:41 14:05:12.9 6: 9:59 14:15:11.7
3	112	Derek	HARDINGE	Lapdogs Cycling Club	3/30	Master Men A	6	58:48.2 1: 13:26:04 13:26:03.6 2: 10:41 13:36:44.6 3: 9:40 13:46:24.0 4: 9:43 13:56:06.7 5: 9:47 14:05:53.6 6: 9:55 14:15:48.2
4	102	Jon	BARNES	Trek Store Toronto	4/30	Master Men A	6	59:07.2 1: 13:26:26 13:26:25.9 2: 9:52 13:36:17.7 3: 9:55 13:46:12.6 4: 9:55 13:56:07.5 5: 10:01 14:06:08.2 6: 10:00 14:16:07.2
5	115	Paul	IGNATIUK	Quilicot-Rackultra	5/30	Master Men A	6	1:00:31.6 1: 13:26:44 13:26:43.8 2: 10:14 13:36:57.2 3: 10:12 13:47:08.7 4: 10:12 13:57:20.3 5: 10:13 14:07:33.1 6: 9:59 14:17:31.6
6	128	Simon	SMITH	TI Cycle Racing	6/30	Master Men A	6	1:00:37.1 1: 13:27:06 13:27:05.7 2: 10:06 13:37:11.3 3: 10:07 13:47:17.9 4: 10:10 13:57:27.8 5: 10:15 14:07:42.7 6: 9:55 14:17:37.1
7	130	Matt	SURCH	Tall Tree Cycles	7/30	Master Men A	6	1:00:37.6 1: 13:26:27 13:26:26.4 2: 10:09 13:36:35.1

						3: 10:22 13:46:56.5
						4: 10:25 13:57:21.3
						5: 10:21 14:07:42.0
						6: 9:56 14:17:37.7
8	122 Charles	PLAMONDON	Ride with Rendall	8/30	Master Men A	6 1:00:55.5 1: 13:26:49 13:26:48.8
						2: 10:08 13:36:56.2
						3: 10:14 13:47:09.5
						4: 10:12 13:57:21.1
						5: 10:16 14:07:37.0
						6: 10:19 14:17:55.5
9	110 Jeff	FAULDS	The Cyclery	9/30	Master Men A	6 1:01:48.1 1: 13:26:44 13:26:43.7
						2: 10:15 13:36:57.9
						3: 10:13 13:47:10.6
						4: 10:27 13:57:37.4
						5: 10:43 14:08:20.1
						6: 10:29 14:18:48.1
10	131 Arno	TURK	Independent	10/30	Master Men A	6 1:02:05.2 1: 13:26:48 13:26:47.2
						2: 10:30 13:37:17.0
						3: 10:24 13:47:40.8
						4: 10:21 13:58:01.6
						5: 10:41 14:08:42.3
						6: 10:23 14:19:05.2
11	127 Paul	SKAFEL	The Cyclery	11/30	Master Men A	6 1:02:15.5 1: 13:27:07 13:27:06.4
						2: 10:20 13:37:26.2
						3: 10:22 13:47:48.0
						4: 10:16 13:58:03.9
						5: 10:38 14:08:41.7
						6: 10:34 14:19:15.5
12	132 Kristjan	WALLNER	OBC	12/30	Master Men A	6 1:04:14.8 1: 13:27:21 13:27:20.8
						2: 10:47 13:38:07.1
						3: 10:49 13:48:55.5
						4: 10:51 13:59:46.4
						5: 10:51 14:10:37.2
						6: 10:38 14:21:14.8
13	104 Michael	BENNETT	euro-sports/foodery	13/30	Master Men A	6 1:04:31.8 1: 13:27:18 13:27:17.3
						2: 10:59 13:38:16.1
						3: 10:42 13:48:57.8
						4: 10:54 13:59:51.2
						5: 10:54 14:10:44.6
						6: 10:48 14:21:31.8
14	108 Craig	DEVEER	thecyclery.ca	14/30	Master Men A	6 1:04:54.4 1: 13:27:40 13:27:39.1
						2: 10:43 13:38:21.7
						3: 10:31 13:48:52.4
						4: 10:28 13:59:19.9
						5: 11:38 14:10:57.8
						6: 10:57 14:21:54.4
15	120 Robert	PARNIAK	tall tree cyles	15/30	Master Men A	6 1:05:14.7 1: 13:27:32 13:27:31.8
						2: 10:53 13:38:24.6
						3: 11:01 13:49:24.8
						4: 11:06 14:00:30.7
						5: 10:51 14:11:21.6
						6: 10:54 14:22:14.7
16	123 Jamie	POLD	Tall Tree Cycles	16/30	Master Men A	6 1:05:15.3 1: 13:27:36 13:27:35.5
						2: 10:50 13:38:25.1
						3: 11:01 13:49:25.3
						4: 11:06 14:00:31.2
						5: 10:53 14:11:23.7
						6: 10:52 14:22:15.3

17	126	Alistair	SCOTT	Team Ultralink	17/30	Master Men A	6	1:05:15.9	1: 13:27:18	13:27:17.7
									2: 10:48	13:38:05.2
									3: 11:11	13:49:16.0
									4: 11:06	14:00:22.0
									5: 10:59	14:11:20.2
									6: 10:56	14:22:15.9
18	105	Vince	CACERES	The cyclery	18/30	Master Men A	6	1:06:01.0	1: 13:27:00	13:26:59.7
									2: 10:56	13:37:55.6
									3: 11:03	13:48:57.8
									4: 11:09	14:00:06.8
									5: 11:20	14:11:26.2
									6: 11:35	14:23:01.0
19	111	William	FU	Pedal Performance	19/30	Master Men A	6	1:06:41.4	1: 13:27:29	13:27:28.8
									2: 10:55	13:38:23.5
									3: 11:10	13:49:33.2
									4: 11:17	14:00:49.4
									5: 11:31	14:12:19.9
									6: 11:22	14:23:41.4
20	129	David	STACHON	Tall Tree Cycles	20/30	Master Men A	6	1:07:22.7	1: 13:27:42	13:27:41.9
									2: 11:03	13:38:44.7
									3: 11:22	13:50:06.1
									4: 11:27	14:01:32.2
									5: 11:33	14:13:04.4
									6: 11:19	14:24:22.7
21	119	Jamie	MCMANUS	Cornwall Cycle Club	21/30	Master Men A	6	1:07:41.1	1: 13:27:48	13:27:48.0
									2: 11:09	13:38:56.3
									3: 11:15	13:50:10.4
									4: 11:27	14:01:36.5
									5: 11:35	14:13:10.7
									6: 11:31	14:24:41.1
22	109	Rodrigo	DIAZ	Euro-Sports.ca/Foode	22/30	Master Men A	6	1:08:35.3	1: 13:27:47	13:27:46.2
									2: 11:15	13:39:00.3
									3: 11:40	13:50:39.9
									4: 11:39	14:02:18.1
									5: 11:56	14:14:13.7
									6: 11:22	14:25:35.3
23	106	Stephane	CARIGNAN	ABC Cycle	23/30	Master Men A	6	1:09:00.0	1: 13:27:49	13:27:48.7
									2: 11:13	13:39:01.5
									3: 11:27	13:50:27.6
									4: 11:44	14:02:11.5
									5: 11:45	14:13:56.0
									6: 12:04	14:26:00.0
24	101	Michael	ASSELSTINE	Ottawa Possy	24/30	Master Men A	5	57:32.8	1: 13:27:52	13:27:51.2
									2: 11:34	13:39:25.1
									3: 11:42	13:51:06.3
									4: 11:38	14:02:43.5
									5: 11:50	14:14:32.8
25	103	Marc	BEAULIEU	Rouleurs de l'Outaou	25/30	Master Men A	5	57:51.9	1: 13:27:42	13:27:41.5
									2: 12:30	13:40:10.9
									3: 11:42	13:51:52.1
									4: 11:40	14:03:31.8
									5: 11:21	14:14:51.9
26	117	Robert	KERR	The Cyclery	26/30	Master Men A	5	58:11.2	1: 13:27:51	13:27:50.1
									2: 11:45	13:39:34.4
									3: 11:43	13:51:16.7
									4: 11:53	14:03:09.1
									5: 12:03	14:15:11.2

27	125 Brian	SCHLACHTA	Ottawa Bicycle Club	27/30	Master Men A	5	58:17.6	1: 13:27:56	13:27:55.4
									2: 11:37 13:39:32.0
									3: 11:53 13:51:24.6
									4: 12:02 14:03:26.2
									5: 11:52 14:15:17.6
28	100 Edgars	APSE	DARK HORSE FLYERS	28/30	Master Men A	5	59:22.0	1: 13:26:47	13:26:46.9
									2: 10:30 13:37:16.6
									3: 17:23 13:54:39.6
									4: 11:00 14:05:39.2
									5: 10:43 14:16:22.0
29	114 Bryan	HIGGINS	Independent	29/30	Master Men A	5	1:01:03.6	1: 13:28:40	13:28:39.7
									2: 12:16 13:40:55.5
									3: 12:26 13:53:21.1
									4: 12:33 14:05:54.0
									5: 12:10 14:18:03.6
30	107 Martin	DESCHAMPS	wheelers	30/30	Master Men A	5	1:10:22.2	1: 13:29:27	13:29:26.7
									2: 13:46 13:43:11.8
									3: 14:23 13:57:34.4
									4: 14:29 14:12:03.0
									5: 15:20 14:27:22.2

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Master B Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race2	
1	124	Steve	PROULX	Stevens Racing	1/42	Master Men B	6	55:13.7	1: 11:41:15 11:41:15.0
									2: 9:17 11:50:32.0
									3: 9:17 11:59:48.9
									4: 9:15 12:09:03.6
									5: 9:17 12:18:20.4
									6: 9:24 12:27:43.7
2	229	Robert	ORANGE	ride with rendall	2/42	Master Men B	6	57:03.9	1: 11:41:50 11:41:49.4
									2: 9:34 11:51:23.1
									3: 9:30 12:00:52.2
									4: 9:33 12:10:24.6
									5: 9:43 12:20:07.0
									6: 9:27 12:29:33.9
3	212	David	DERMONT	True North Cycles	3/42	Master Men B	6	58:04.0	1: 11:41:41 11:41:40.4
									2: 9:51 11:51:30.6
									3: 9:44 12:01:14.3
									4: 9:52 12:11:06.2
									5: 9:52 12:20:57.3
									6: 9:37 12:30:34.0
4	202	Lorne	ANDERSON	Independent	4/42	Master Men B	6	59:20.2	1: 11:42:07 11:42:06.2
									2: 9:56 11:52:01.4
									3: 10:02 12:02:02.8
									4: 9:46 12:11:48.6
									5: 10:04 12:21:52.5
									6: 9:58 12:31:50.2
5	228	Chris	OLSON	emd serono specializ	5/42	Master Men B	6	59:39.4	1: 11:42:01 11:42:00.1
									2: 10:04 11:52:03.8
									3: 9:54 12:01:57.2

					4: 10:06 12:12:03.0			
					5: 10:05 12:22:07.0			
					6: 10:03 12:32:09.4			
6	215 Jon	GEE	RWR	6/42 Master Men B	6 1:00:11.3	1: 11:42:08	11:42:07.8	
					2: 9:48 11:51:55.3			
					3: 10:03 12:01:57.6			
					4: 10:00 12:11:57.6			
					5: 9:57 12:21:53.9			
					6: 10:48 12:32:41.3			
7	223 Hans	LOEFFELHOLZ	West of Quebec Wheel	7/42 Master Men B	6 1:00:35.3	1: 11:42:08	11:42:07.1	
					2: 10:02 11:52:08.8			
					3: 10:05 12:02:13.7			
					4: 10:17 12:12:30.2			
					5: 10:18 12:22:47.9			
					6: 10:18 12:33:05.3			
8	218 Jay	HEINS	The Cyclery	8/42 Master Men B	6 1:00:51.1	1: 11:41:57	11:41:56.5	
					2: 10:09 11:52:05.3			
					3: 10:24 12:02:29.1			
					4: 10:22 12:12:51.0			
					5: 10:20 12:23:10.5			
					6: 10:11 12:33:21.1			
9	235 Martin	VALIQUETTE	EnCoeur-SkiVélo	9/42 Master Men B	6 1:01:08.4	1: 11:42:18	11:42:17.7	
					2: 10:02 11:52:19.2			
					3: 10:20 12:02:39.1			
					4: 10:19 12:12:57.1			
					5: 10:15 12:23:11.5			
					6: 10:27 12:33:38.4			
10	206 Eric	BETTERIDGE	OTTAWA BICYCLE CLUB	10/42 Master Men B	6 1:01:13.6	1: 11:42:22	11:42:21.6	
					2: 10:03 11:52:24.6			
					3: 10:16 12:02:39.8			
					4: 10:11 12:12:50.1			
					5: 10:20 12:23:10.0			
					6: 10:34 12:33:43.6			
11	240 Sean	WRIGHT	The Cyclery	11/42 Master Men B	6 1:01:14.2	1: 11:42:14	11:42:13.4	
					2: 10:20 11:52:32.8			
					3: 10:12 12:02:44.7			
					4: 10:13 12:12:57.3			
					5: 10:32 12:23:29.2			
					6: 10:15 12:33:44.2			
12	201 Mike	ABRAHAM	Tall Tree Cycles	12/42 Master Men B	6 1:01:14.5	1: 11:42:19	11:42:18.3	
					2: 10:16 11:52:33.3			
					3: 10:16 12:02:49.1			
					4: 10:28 12:13:16.9			
					5: 10:26 12:23:42.3			
					6: 10:03 12:33:44.5			
13	210 Peter	CONN	Ride with Rendall	13/42 Master Men B	6 1:01:20.7	1: 11:42:28	11:42:27.8	
					2: 10:13 11:52:40.1			
					3: 10:21 12:03:01.1			
					4: 10:17 12:13:17.8			
					5: 10:24 12:23:41.6			
					6: 10:10 12:33:50.7			
14	209 Paul	CHEDORE	Team Ultralink	14/42 Master Men B	6 1:01:49.1	1: 11:42:24	11:42:23.4	
					2: 10:26 11:52:48.8			
					3: 10:22 12:03:10.6			
					4: 10:30 12:13:39.9			
					5: 10:25 12:24:04.4			
					6: 10:15 12:34:19.1			

15	211 Fulvio	CUBELLO	esteemtraining.com	15/42	Master Men B	6	1:02:22.4	1:11:42:38	11:42:37.9
							2: 10:24	11:53:01.6	
							3: 10:32	12:03:33.2	
							4: 10:27	12:13:59.9	
							5: 10:25	12:24:24.0	
							6: 10:29	12:34:52.4	
16	226 Steven	MORRIS	Euro-Sports/Foodery	16/42	Master Men B	6	1:03:18.3	1:11:42:29	11:42:28.1
							2: 10:20	11:52:47.5	
							3: 10:29	12:03:15.9	
							4: 10:46	12:14:01.0	
							5: 10:39	12:24:39.1	
							6: 11:10	12:35:48.3	
17	200 Garnett	ABBEY	D'Ornellas	17/42	Master Men B	5	52:28.4	1:11:42:25	11:42:24.4
							2: 10:23	11:52:46.8	
							3: 10:30	12:03:15.9	
							4: 10:45	12:14:00.1	
							5: 10:59	12:24:58.4	
18	227 Paul	O'BLENES	The Cyclery	18/42	Master Men B	5	52:43.8	1:11:43:04	11:43:03.1
							2: 10:37	11:53:39.9	
							3: 10:28	12:04:07.7	
							4: 10:40	12:14:47.0	
							5: 10:27	12:25:13.8	
19	234 Jean	VALIQUETTE	Independent	19/42	Master Men B	5	52:45.1	1:11:42:52	11:42:51.7
							2: 10:44	11:53:34.9	
							3: 10:29	12:04:02.9	
							4: 10:33	12:14:34.9	
							5: 10:41	12:25:15.1	
20	238 Yariv	WOLFE	Euro-Sports/Foodery	20/42	Master Men B	5	52:53.2	1:11:43:01	11:43:00.9
							2: 10:37	11:53:37.4	
							3: 10:34	12:04:10.7	
							4: 10:40	12:14:50.5	
							5: 10:33	12:25:23.2	
21	220 Guy	LACROIX	Euro-Sports.ca	21/42	Master Men B	5	52:55.1	1:11:42:33	11:42:32.9
							2: 10:30	11:53:02.1	
							3: 10:48	12:03:49.8	
							4: 10:46	12:14:35.8	
							5: 10:50	12:25:25.1	
22	216 Bryan	GORMLEY	The Cyclery	22/42	Master Men B	5	53:40.5	1:11:42:56	11:42:55.7
							2: 10:25	11:53:20.2	
							3: 10:38	12:03:57.7	
							4: 10:50	12:14:47.7	
							5: 11:23	12:26:10.5	
23	237 Ross	WILKINSON	Ottawa Bicycle Club	23/42	Master Men B	5	53:55.8	1:11:43:17	11:43:17.0
							2: 10:47	11:54:03.6	
							3: 10:50	12:04:53.2	
							4: 10:52	12:15:44.3	
							5: 10:42	12:26:25.8	
24	213 Bob	EBNER	Fresh Air Experience	24/42	Master Men B	5	54:12.1	1:11:43:09	11:43:08.3
							2: 10:54	11:54:01.6	
							3: 10:55	12:04:56.6	
							4: 10:56	12:15:51.9	
							5: 10:51	12:26:42.2	
25	208 Doug	BROOKS	Ottawa Bicycle Club	25/42	Master Men B	5	54:23.4	1:11:43:00	11:42:59.8
							2: 11:01	11:54:00.1	
							3: 11:06	12:05:06.0	
							4: 11:16	12:16:21.0	
							5: 10:33	12:26:53.4	

26	207 David	BILENKEY	Euro-sports.ca/Foode	26/42	Master Men B	5	54:30.9	1: 11:42:39	11:42:38.2
								2: 10:40 11:53:17.6	
								3: 10:43 12:03:59.8	
								4: 12:19 12:16:18.2	
								5: 10:43 12:27:00.9	
27	231 Andre	SINCENNES	Wheelers	27/42	Master Men B	5	54:37.5	1: 11:43:02	11:43:01.4
								2: 11:07 11:54:07.7	
								3: 11:05 12:05:12.4	
								4: 11:03 12:16:14.4	
								5: 10:54 12:27:07.5	
28	233 David	SUGDEN	Les Rouleurs de l'Ou	28/42	Master Men B	5	54:48.9	1: 11:43:14	11:43:13.7
								2: 10:59 11:54:12.0	
								3: 11:12 12:05:23.1	
								4: 10:59 12:16:21.2	
								5: 10:58 12:27:18.9	
29	203 Brent	ARMSTRONG	Independent	29/42	Master Men B	5	55:17.3	1: 11:43:12	11:43:11.9
								2: 11:09 11:54:20.2	
								3: 11:10 12:05:29.8	
								4: 11:12 12:16:41.3	
								5: 11:06 12:27:47.3	
30	236 Christophe	VIALARET	Euro-sports.ca/Foode	30/42	Master Men B	5	55:30.9	1: 11:42:56	11:42:55.7
								2: 11:08 11:54:03.0	
								3: 11:06 12:05:08.8	
								4: 11:36 12:16:44.3	
								5: 11:17 12:28:00.9	
31	214 Michael	FY	Gears & Grinds Racin	31/42	Master Men B	5	55:39.9	1: 11:43:00	11:42:59.8
								2: 11:05 11:54:04.5	
								3: 11:53 12:05:56.7	
								4: 11:05 12:17:01.5	
								5: 11:09 12:28:09.9	
32	239 David	WRIGHT	Ride with Rendall	32/42	Master Men B	5	55:46.2	1: 11:43:13	11:43:12.5
								2: 11:17 11:54:29.0	
								3: 11:01 12:05:29.2	
								4: 11:20 12:16:48.4	
								5: 11:28 12:28:16.2	
33	241 Erich	ZAPPE	Ride with Rendall	33/42	Master Men B	5	57:10.5	1: 11:44:06	11:44:05.8
								2: 11:25 11:55:29.9	
								3: 11:36 12:07:05.8	
								4: 11:16 12:18:20.9	
								5: 11:20 12:29:40.5	
34	222 Thomas	LEROUX	Cornwall Cycle Club	34/42	Master Men B	5	57:22.0	1: 11:43:27	11:43:26.7
								2: 11:32 11:54:58.1	
								3: 11:46 12:06:43.1	
								4: 11:34 12:18:16.9	
								5: 11:36 12:29:52.0	
35	204 Doug	BECKETT	Ride With Rendall	35/42	Master Men B	5	57:46.8	1: 11:43:33	11:43:32.2
								2: 11:22 11:54:54.2	
								3: 11:41 12:06:34.3	
								4: 11:49 12:18:22.6	
								5: 11:55 12:30:16.8	
36	232 Joey	SLOBODIAN	Independent	36/42	Master Men B	5	59:12.4	1: 11:44:02	11:44:01.7
								2: 12:00 11:56:01.5	
								3: 11:51 12:07:52.5	
								4: 11:52 12:19:43.8	
								5: 11:59 12:31:42.4	

37	221 Pierre	LEBLANC	Cornwall Cycle Club	37/42	Master Men B	5	59:45.4	1: 11:43:43	11:43:42.8
									2: 11:57 11:55:39.6
									3: 12:03 12:07:42.3
									4: 12:12 12:19:53.9
									5: 12:22 12:32:15.4
38	230 Jean-Pascal	SCHROEDER	Independant	38/42	Master Men B	5	1:01:22.2	1: 11:43:56	11:43:55.9
									2: 12:17 11:56:12.0
									3: 12:35 12:08:46.3
									4: 12:47 12:21:32.4
									5: 12:20 12:33:52.3
39	224 Francis	MCKENNA	Independent	39/42	Master Men B	5	1:02:42.0	1: 11:44:05	11:44:04.2
									2: 12:36 11:56:39.2
									3: 12:32 12:09:10.4
									4: 12:59 12:22:09.1
									5: 13:03 12:35:12.0
40	225 Brian	MCPHERSON	Ottawa Bicycle Club	40/42	Master Men B	5	1:03:40.8	1: 11:44:24	11:44:23.3
									2: 12:40 11:57:02.4
									3: 12:54 12:09:55.5
									4: 13:03 12:22:57.7
									5: 13:14 12:36:10.8
41	219 John	HELSDON	Racer Sportif / Matt	41/42	Master Men B	4	53:16.0	1: 11:45:51	11:45:50.2
									2: 13:26 11:59:16.2
									3: 13:14 12:12:29.4
									4: 13:17 12:25:46.0
42	217 Allan	HAWLEY	Independent	42/42	Master Men B	4	1:00:32.0	1: 11:45:19	11:45:18.4
									2: 20:43 12:06:00.5
									3: 13:35 12:19:34.8
									4: 13:28 12:33:02.0

ONTARIO CYCLOCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Master C Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race2
1	133	Peter	KOFMAN	coachchris.ca/tedvel	1/18	Master Men C	6	1:01:45.0 1: 11:43:00 11:42:59.3
								2: 10:20 11:53:18.7
								3: 10:18 12:03:36.5
								4: 10:25 12:14:01.4
								5: 10:21 12:24:21.4
								6: 10:24 12:34:45.1
2	170	Michel	HAMEL	Club Cycliste de She	2/18	Master Men C	6	1:01:45.4 1: 11:43:00 11:42:59.8
								2: 10:20 11:53:18.9
								3: 10:19 12:03:37.2
								4: 10:24 12:14:00.5
								5: 10:17 12:24:17.2
								6: 10:29 12:34:45.4
3	174	Tom	MACKAY	cycle solutions	3/18	Master Men C	6	1:01:58.6 1: 11:43:02 11:43:01.4
								2: 10:00 11:53:01.2
								3: 10:01 12:03:01.7
								4: 10:15 12:13:16.4
								5: 10:13 12:23:28.6
								6: 11:31 12:34:58.6
4	162	Colin	CAMPBELL	Full Cycle	4/18	Master Men C	5	51:58.0 1: 11:43:07 11:43:06.5



3: 11:54 12:07:21.8

4: 12:10 12:19:31.5

5: 11:50 12:31:21.4

16 165 Gilles        CORDIER        Independent        16/18 Master Men C        5 58:35.6 1: 11:44:06 11:44:05.7  
2: 11:57 11:56:02.3  
3: 12:00 12:08:01.9  
4: 11:51 12:19:52.5  
5: 11:44 12:31:35.6

17 167 Jean-Louis    DOREGO        obc                17/18 Master Men C        5 1:00:33.6 1: 11:44:39 11:44:38.4  
2: 12:23 11:57:00.8  
3: 12:14 12:09:14.5  
4: 12:30 12:21:44.0  
5: 11:50 12:33:33.6

18 160 Ian            AUSTEN        Ottawa Bicycle Club 18/18 Master Men C        5 1:01:10.7 1: 11:44:53 11:44:53.0  
2: 12:30 11:57:22.2  
3: 12:18 12:09:39.7  
4: 12:18 12:21:56.7  
5: 12:14 12:34:10.7

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Master D Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race2
1	182	Terry	HIND	Euro-Sports.ca/The F	1/3	Master Men E	5	56:32.3 1: 11:43:52 11:43:51.3 2: 11:29 11:55:20.1 3: 11:33 12:06:52.8 4: 11:18 12:18:10.3 5: 11:22 12:29:32.3
2	181	Robert	HICKS	Ottawa Bicycle Club	2/3	Master Men E	5	56:43.0 1: 11:44:01 11:44:00.4 2: 11:22 11:55:22.2 3: 11:33 12:06:54.8 4: 11:30 12:18:24.2 5: 11:19 12:29:43.0
3	179	Greg	BROWN	Ride With Rendall	3/3	Master Men E	5	1:03:11.0 1: 11:44:58 11:44:58.0 2: 12:33 11:57:30.1 3: 12:52 12:10:21.8 4: 12:50 12:23:11.0 5: 13:00 12:36:11.0

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Master Women

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race2
1	20	Joanne	THOMSON	Ride With Rendall	1/19	Master Women	5	54:23.1 1: 11:44:06 11:44:05.6 2: 10:56 11:55:00.9 3: 10:58 12:05:58.8 4: 11:00 12:16:58.5 5: 10:55 12:27:53.1

2	12 Lori	KOFMAN	coachchris.ca/tedvel	2/19	Master Women	5	55:38.1	1: 11:44:20	11:44:19.9
									2: 11:12 11:55:31.6
									3: 11:15 12:06:46.4
									4: 11:13 12:17:59.1
									5: 11:09 12:29:08.1
3	1 Jen	ADAMS	OTTAWA BICYCLE CLUB	3/19	Master Women	5	55:56.0	1: 11:44:23	11:44:22.7
									2: 11:11 11:55:33.3
									3: 11:19 12:06:51.8
									4: 11:20 12:18:11.0
									5: 11:16 12:29:26.0
4	3 Susan	CROSWELL	TI Cycle Racing	4/19	Master Women	5	56:36.7	1: 11:44:46	11:44:45.1
									2: 11:31 11:56:16.1
									3: 11:21 12:07:37.0
									4: 11:14 12:18:50.3
									5: 11:17 12:30:06.7
5	9 Carolyne	HALL	Chain Reaction	5/19	Master Women	5	57:01.1	1: 11:44:45	11:44:44.6
									2: 11:26 11:56:10.2
									3: 11:26 12:07:35.7
									4: 11:27 12:19:02.0
									5: 11:30 12:30:31.1
6	10 Margot	HALL	The Cyclery	6/19	Master Women	5	58:59.5	1: 11:44:52	11:44:51.2
									2: 11:42 11:56:32.8
									3: 12:12 12:08:44.5
									4: 11:51 12:20:35.4
									5: 11:55 12:32:29.5
7	2 Wendy	BLAGDON	The Cyclery	7/19	Master Women	5	59:43.9	1: 11:44:40	11:44:39.7
									2: 11:37 11:56:16.6
									3: 11:52 12:08:08.1
									4: 12:52 12:20:59.9
									5: 12:14 12:33:13.9
8	14 Keli	MARSHALL	Les Rouleurs	8/19	Master Women	5	1:00:19.4	1: 11:45:09	11:45:08.1
									2: 11:53 11:57:00.5
									3: 12:09 12:09:09.2
									4: 12:20 12:21:28.2
									5: 12:22 12:33:49.4
9	13 Patricia	KONANTZ	Ride With Rendall	9/19	Master Women	5	1:01:57.8	1: 11:45:19	11:45:18.6
									2: 12:20 11:57:37.7
									3: 12:30 12:10:07.4
									4: 12:47 12:22:53.6
									5: 12:35 12:35:27.8
10	19 Joanne	SCHUCK	ottawa bicycle club	10/19	Master Women	5	1:02:16.0	1: 11:45:28	11:45:27.5
									2: 12:40 11:58:07.4
									3: 12:43 12:10:49.4
									4: 12:29 12:23:17.5
									5: 12:29 12:35:46.0
11	15 Tammy	MCKENNA	EMD Serono-Specializ	11/19	Master Women	5	1:02:20.4	1: 11:45:50	11:45:49.3
									2: 12:17 11:58:05.4
									3: 12:20 12:10:24.8
									4: 12:54 12:23:18.0
									5: 12:33 12:35:50.4
12	11 Alison	INGHAM	Ride with Rendall	12/19	Master Women	5	1:03:10.0	1: 11:45:29	11:45:28.6
									2: 12:34 11:58:01.8
									3: 12:49 12:10:50.3
									4: 12:57 12:23:46.5
									5: 12:54 12:36:40.0

13	8 Kari	FERLATTE	Fresh Air Experience	13/19	Master Women	5	1:03:35.4	1: 11:45:38	11:45:37.9
									2: 12:47 11:58:24.6
									3: 12:54 12:11:18.4
									4: 12:57 12:24:14.7
									5: 12:51 12:37:05.4
14	17 Mélanie	PROVENCHER	Les rouleurs de l'Ou	14/19	Master Women	5	1:04:01.6	1: 11:45:34	11:45:33.3
									2: 12:56 11:58:28.4
									3: 13:01 12:11:28.7
									4: 13:03 12:24:30.7
									5: 13:01 12:37:31.6
15	18 Stephanie	REES	Ottawa Bicycle Club	15/19	Master Women	5	1:04:29.5	1: 11:45:51	11:45:50.4
									2: 12:42 11:58:31.5
									3: 12:53 12:11:24.0
									4: 13:19 12:24:42.6
									5: 13:17 12:37:59.5
16	4 Lynn	DAL-CIN	Euro-sports/Team Foo	16/19	Master Women	5	1:04:58.1	1: 11:45:53	11:45:53.0
									2: 12:54 11:58:47.0
									3: 12:59 12:11:45.7
									4: 13:31 12:25:16.1
									5: 13:13 12:38:28.1
17	6 Robyn	DUKE	Independent	17/19	Master Women	4	52:39.4	1: 11:46:12	11:46:12.0
									2: 12:57 11:59:08.0
									3: 13:23 12:12:30.3
									4: 13:40 12:26:09.4
18	7 Julie	DURAND	specialized	18/19	Master Women	4	53:44.7	1: 11:46:15	11:46:14.5
									2: 13:26 11:59:40.0
									3: 13:45 12:13:24.3
									4: 13:51 12:27:14.7
19	5 Lynda	DAMEN	Cyclefit Chicks	19/19	Master Women	4	1:04:47.6	1: 11:48:46	11:48:45.1
									2: 16:25 12:05:09.8
									3: 16:48 12:21:57.4
									4: 16:21 12:38:17.6

ONTARIO CYCLOSCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Novice Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race1
1	190	John	CLARE	Independent	1/6	Novice Men	4	1: 10:11:58 10:11:57.5
								2: 11:43 10:23:39.6
								3: 12:05 10:35:43.6
								4: 11:45 10:47:28.6
2	191	Geoff	HARTLEY	St Catharines Cyclin	2/6	Novice Men	4	1: 10:11:18 10:11:17.3
								2: 11:09 10:22:25.3
								3: 11:14 10:33:38.5
								4: 11:01 10:44:38.6
3	192	Martin	MCKAY	Independent	3/6	Novice Men	4	1: 10:12:43 10:12:42.8
								2: 12:46 10:25:28.4
								3: 12:59 10:38:26.6
								4: 12:37 10:51:03.6
4	193	Luc	PELLETIER	obc	4/6	Novice Men	3	1: 10:13:17 10:13:16.3
								2: 15:06 10:28:22.1

3: 14:33 10:42:54.7

5 195 Robert RUSSELL Euro-sports / The Fo 5/6 Novice Men 3 1: 10:13:17 10:13:16.5  
2: 13:20 10:26:36.3  
3: 12:48 10:39:23.9

6 196 Adrian WONG Ottawa Bicycle Club 6/6 Novice Men 3 1: 10:12:59 10:12:58.7  
2: 13:39 10:26:37.5  
3: 14:28 10:41:05.5

ONTARIO CYCLOCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Senior Men

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race3
1	41	Osmond	BAKKER	EMD Serono-Specializ	1/35	Senior Men	7	1:05:08.6 1: 13:24:50 13:24:49.5 2: 9:18 13:34:07.0 3: 9:26 13:43:32.9 4: 9:25 13:52:57.4 5: 9:26 14:02:23.4 6: 9:19 14:11:42.1 7: 9:27 14:21:08.6
2	42	Erik	BOX	Garneau-Club Chaussu	2/35	Senior Men	7	1:05:09.2 1: 13:24:50 13:24:49.9 2: 9:18 13:34:07.4 3: 9:21 13:43:27.9 4: 9:25 13:52:52.3 5: 9:30 14:02:22.3 6: 9:21 14:11:42.6 7: 9:27 14:21:09.2
3	53	Sylvain	JEAN	KONA/Bio-Max	3/35	Senior Men	7	1:05:47.3 1: 13:24:57 13:24:56.9 2: 9:11 13:34:07.4 3: 9:27 13:43:33.4 4: 9:25 13:52:57.8 5: 9:27 14:02:24.0 6: 9:33 14:11:56.0 7: 9:52 14:21:47.3
4	40	Ryan	ATKINS	EMD Serono-Specializ	4/35	Senior Men	7	1:06:31.7 1: 13:24:58 13:24:57.2 2: 9:33 13:34:30.2 3: 9:24 13:43:53.3 4: 9:32 13:53:24.4 5: 9:29 14:02:52.8 6: 9:52 14:12:44.2 7: 9:48 14:22:31.7
5	63	Peter	MORSE	Jet Fuel Coffee	5/35	Senior Men	7	1:07:04.1 1: 13:25:03 13:25:02.7 2: 9:28 13:34:30.2 3: 9:24 13:43:53.9 4: 9:42 13:53:35.8 5: 9:48 14:03:22.9 6: 9:46 14:13:08.0 7: 9:57 14:23:04.2
6	61	Antoine	MATTEAU	garneau club chaussu	6/35	Senior Men	7	1:07:17.1 1: 13:25:03 13:25:03.0 2: 9:29 13:34:31.4 3: 9:54 13:44:25.1 4: 9:51 13:54:16.0 5: 9:38 14:03:53.9 6: 9:38 14:13:30.9

					7: 9:47 14:23:17.1	
7	72 Doug	VAN DEN HAM	EMD Serono - Special	7/35 Senior Men	7 1:07:49.8	1: 13:25:08 13:25:07.1
					2: 9:34 13:34:40.2	
					3: 9:49 13:44:28.8	
					4: 9:53 13:54:20.8	
					5: 9:47 14:04:07.8	
					6: 9:52 14:13:59.7	
					7: 9:51 14:23:49.8	
8	70 Neil	SCHIEMANN	Tall Tree Cycles	8/35 Senior Men	7 1:08:10.5	1: 13:25:05 13:25:04.8
					2: 9:37 13:34:40.9	
					3: 10:02 13:44:42.3	
					4: 10:01 13:54:42.4	
					5: 9:50 14:04:31.8	
					6: 10:01 14:14:32.3	
					7: 9:39 14:24:10.5	
9	49 Aaron	FILLION	Ride With Rendall	9/35 Senior Men	7 1:08:15.0	1: 13:25:04 13:25:03.8
					2: 9:29 13:34:31.9	
					3: 9:32 13:44:03.8	
					4: 9:53 13:53:56.7	
					5: 9:57 14:03:53.3	
					6: 9:57 14:13:49.3	
					7: 10:26 14:24:15.0	
10	57 Scott	LUNDY	J & J Cycle	10/35 Senior Men	7 1:09:02.3	1: 13:25:28 13:25:27.9
					2: 10:01 13:35:27.9	
					3: 9:52 13:45:19.8	
					4: 9:59 13:55:18.3	
					5: 9:56 14:05:13.5	
					6: 10:00 14:15:13.4	
					7: 9:49 14:25:02.3	
11	73 Marcel	VAUTOUR	Ottawa Bicycle Club	11/35 Senior Men	7 1:09:08.3	1: 13:25:28 13:25:27.4
					2: 9:51 13:35:18.0	
					3: 9:51 13:45:08.8	
					4: 10:00 13:55:08.8	
					5: 10:06 14:05:14.0	
					6: 10:01 14:15:14.4	
					7: 9:54 14:25:08.3	
12	56 Marc	LAPOINTE	EMD Serono Specializ	12/35 Senior Men	7 1:10:06.9	1: 13:25:27 13:25:26.9
					2: 9:50 13:35:16.0	
					3: 10:11 13:45:26.3	
					4: 10:15 13:55:40.9	
					5: 10:14 14:05:54.4	
					6: 10:09 14:16:02.8	
					7: 10:05 14:26:06.9	
13	43 Mark	BRUSSO	Lapdogs	13/35 Senior Men	7 1:10:19.9	1: 13:25:44 13:25:44.0
					2: 10:04 13:35:47.5	
					3: 10:08 13:45:54.7	
					4: 10:09 13:56:03.3	
					5: 10:05 14:06:07.5	
					6: 10:06 14:16:13.0	
					7: 10:07 14:26:19.9	
14	9059 Peter	MANCINI	EsteemTraining.com	14/35 Senior Men	7 1:10:45.4	1: 13:25:24 13:25:23.9
					2: 9:53 13:35:16.5	
					3: 10:16 13:45:32.3	
					4: 10:16 13:55:48.1	
					5: 10:06 14:05:53.9	
					6: 9:59 14:15:52.7	
					7: 10:53 14:26:45.4	
15	65 Greg	REAIN	Ride With Rendall	15/35 Senior Men	7 1:11:00.0	1: 13:25:02 13:25:01.9

						2: 9:29 13:34:30.8
						3: 9:23 13:43:53.0
						4: 9:35 13:53:27.8
						5: 9:44 14:03:11.2
						6: 10:25 14:13:36.2
						7: 13:24 14:27:00.0
16	50 Alexander	FULTON	Sprinter Club de Nic	16/35	Senior Men	7 1:11:44.5 1: 13:25:42 13:25:41.4
						2: 10:22 13:36:03.3
						3: 10:10 13:46:12.8
						4: 10:36 13:56:48.0
						5: 10:10 14:06:57.6
						6: 10:24 14:17:20.8
						7: 10:24 14:27:44.5
17	44 Stephen	CHAPMAN	Independent	17/35	Senior Men	7 1:11:50.1 1: 13:25:53 13:25:52.9
						2: 10:11 13:36:03.6
						3: 10:10 13:46:13.4
						4: 10:35 13:56:47.4
						5: 10:25 14:07:12.3
						6: 10:25 14:17:36.9
						7: 10:14 14:27:50.2
18	66 Chris	REID	Ride With Rendall	18/35	Senior Men	7 1:12:30.9 1: 13:26:01 13:26:00.4
						2: 10:03 13:36:02.5
						3: 10:07 13:46:08.9
						4: 10:25 13:56:33.3
						5: 10:32 14:07:04.7
						6: 10:35 14:17:38.7
						7: 10:53 14:28:30.9
19	52 Vankrimpen	GUY	Hamilton Cycling Clu	19/35	Senior Men	7 1:12:48.4 1: 13:25:50 13:25:49.2
						2: 9:56 13:35:44.8
						3: 10:20 13:46:04.3
						4: 10:34 13:56:38.1
						5: 10:16 14:06:53.6
						6: 10:24 14:17:17.4
						7: 11:31 14:28:48.4
20	60 Stephane	MARCOTTE	ZM Cycle and Fitness	20/35	Senior Men	7 1:12:53.7 1: 13:25:53 13:25:53.0
						2: 10:19 13:36:11.7
						3: 10:28 13:46:39.0
						4: 10:34 13:57:12.6
						5: 10:40 14:07:51.7
						6: 10:33 14:18:24.6
						7: 10:30 14:28:53.7
21	62 Codey	MAY	Mountainview Cycling	21/35	Senior Men	7 1:14:28.6 1: 13:26:07 13:26:06.3
						2: 10:33 13:36:38.6
						3: 10:46 13:47:24.1
						4: 10:50 13:58:13.8
						5: 10:37 14:08:50.8
						6: 10:43 14:19:32.8
						7: 10:56 14:30:28.6
22	67 Glen	RENDALL	Ride with Rendall	22/35	Senior Men	7 1:14:50.2 1: 13:25:26 13:25:25.9
						2: 9:46 13:35:11.7
						3: 10:04 13:45:15.0
						4: 10:16 13:55:30.9
						5: 10:22 14:05:52.8
						6: 11:27 14:17:19.2
						7: 13:31 14:30:50.2
23	75 Wai-Ben	WONG	Gears and Grinds Kin	23/35	Senior Men	7 1:15:41.0 1: 13:25:55 13:25:54.6
						2: 10:35 13:36:29.6
						3: 10:45 13:47:14.2
						4: 11:05 13:58:19.0

					5: 11:14 14:09:32.0	
					6: 11:04 14:20:35.2	
					7: 11:06 14:31:41.1	
24	55 Matthew	KNIGHT	Cycle Solutions/Angr	24/35 Senior Men	7 1:16:20.4	1: 13:26:24 13:26:23.9
					2: 10:37 13:37:00.2	
					3: 10:47 13:47:47.1	
					4: 11:05 13:58:52.0	
					5: 11:12 14:10:03.3	
					6: 10:56 14:20:58.5	
					7: 11:22 14:32:20.4	
25	45 Shawn	CLARKE	The Cyclery	25/35 Senior Men	7 1:16:41.8	1: 13:26:03 13:26:02.2
					2: 10:30 13:36:31.3	
					3: 10:24 13:46:55.3	
					4: 11:00 13:57:55.0	
					5: 10:48 14:08:42.8	
					6: 11:21 14:20:03.0	
					7: 12:39 14:32:41.8	
26	68 Andrew	ROBINSON	Independent	26/35 Senior Men	7 1:16:59.6	1: 13:26:13 13:26:13.0
					2: 10:28 13:36:40.7	
					3: 10:35 13:47:15.1	
					4: 10:49 13:58:03.6	
					5: 11:05 14:09:08.2	
					6: 11:11 14:20:19.0	
					7: 12:41 14:32:59.6	
27	64 Matt	POLSON	Ride with Rendall	27/35 Senior Men	7 1:18:20.2	1: 13:26:09 13:26:08.5
					2: 10:31 13:36:39.3	
					3: 10:38 13:47:16.4	
					4: 10:56 13:58:12.2	
					5: 11:06 14:09:17.4	
					6: 11:31 14:20:48.2	
					7: 13:32 14:34:20.2	
28	54 Justin	KITNEY	Racer Sportif/Mattam	28/35 Senior Men	6 1:05:40.2	1: 13:26:26 13:26:25.4
					2: 10:47 13:37:12.1	
					3: 10:57 13:48:08.8	
					4: 11:04 13:59:12.0	
					5: 11:14 14:10:25.9	
					6: 11:15 14:21:40.2	
29	71 Brandon	TULLOCH	Independent	29/35 Senior Men	6 1:06:38.6	1: 13:26:29 13:26:28.9
					2: 10:55 13:37:23.2	
					3: 10:57 13:48:19.8	
					4: 11:12 13:59:31.8	
					5: 11:45 14:11:16.4	
					6: 11:23 14:22:38.7	
30	74 Nicholas	VIPOND	Ride with Rendall	30/35 Senior Men	6 1:07:58.7	1: 13:26:22 13:26:21.8
					2: 10:51 13:37:12.7	
					3: 11:14 13:48:26.4	
					4: 11:38 14:00:03.8	
					5: 11:57 14:12:00.0	
					6: 11:59 14:23:58.7	
31	51 Ian	GARTLEY	Racer Sportif/ Matta	31/35 Senior Men	6 1:11:56.7	1: 13:27:02 13:27:01.4
					2: 11:45 13:38:45.4	
					3: 12:33 13:51:17.7	
					4: 12:20 14:03:37.6	
					5: 12:23 14:16:00.2	
					6: 11:57 14:27:56.7	
32	46 Darren	COPE	Independent	32/35 Senior Men	6 1:14:29.1	1: 13:26:58 13:26:57.1
					2: 11:36 13:38:32.2	
					3: 12:14 13:50:45.7	

4: 12:32 14:03:17.2  
 5: 13:13 14:16:29.4  
 6: 14:00 14:30:29.1

33 48 Adam EIKENBERRY euro-sports/foodery 33/35 Senior Men 5 1:18:31.2 1: 13:28:53 13:28:52.9  
 2: 15:05 13:43:57.3  
 3: 18:41 14:02:37.8  
 4: 15:54 14:18:30.8  
 5: 16:01 14:34:31.2

34 58 Warren MACDONALD EMD Serono Specializ 34/35 Senior Men 3 28:53.5 1: 13:25:06 13:25:05.4  
 2: 9:45 13:34:49.8  
 3: 10:04 13:44:53.5

35 69 Casey ROTH Ride With Rendall 35/35 Senior Men 2 21:18.4 1: 13:26:20 13:26:19.2  
 2: 11:00 13:37:18.4

ONTARIO CYCLOCROSS CHAMPIONSHIPS

Sunday November 15th, 2009

Terry Fox Athletic Centre, Ottawa, ON

Senior Women

Place	Numb	Fname	Lname	Club	Cat/Tot	Category	Laps	Race2
1	22	Melissa	BUNN	The Hub Race Team	1/10	Senior Women	5	52:15.9 1: 11:43:29 11:43:28.4 2: 10:29 11:53:57.0 3: 10:33 12:04:29.9 4: 10:42 12:15:11.3 5: 10:35 12:25:45.9
2	31	Jennifer	STEPHENSON	Ultralink	2/10	Senior Women	5	52:16.4 1: 11:43:28 11:43:27.8 2: 10:29 11:53:56.3 3: 10:33 12:04:29.3 4: 10:42 12:15:11.0 5: 10:36 12:25:46.4
3	27	Sophie	MATTE	Stevens Racing p/b T	3/10	Senior Women	5	53:35.5 1: 11:43:53 11:43:52.3 2: 10:40 11:54:31.6 3: 10:47 12:05:18.1 4: 10:52 12:16:09.7 5: 10:56 12:27:05.5
4	30	Tricia K.	SPOONER	Stevens Racing p/b T	4/10	Senior Women	5	56:18.5 1: 11:44:05 11:44:04.8 2: 11:19 11:55:23.2 3: 11:31 12:06:53.9 4: 11:35 12:18:28.1 5: 11:21 12:29:48.5
5	26	Briana	ILLINGWORTH	Sweet Pete's	5/10	Senior Women	5	56:20.7 1: 11:44:11 11:44:10.9 2: 11:20 11:55:29.9 3: 11:28 12:06:57.1 4: 11:21 12:18:18.0 5: 11:33 12:29:50.7
6	29	Anna	O'BRIEN	Tall Tree Cycles	6/10	Senior Women	5	56:46.7 1: 11:44:33 11:44:32.7 2: 11:24 11:55:56.6 3: 11:30 12:07:26.2 4: 11:27 12:18:52.6 5: 11:25 12:30:16.8
7	24	Jennifer	DALTON	Independent	7/10	Senior Women	5	57:42.1 1: 11:44:18 11:44:17.3 2: 11:15 11:55:31.8 3: 11:19 12:06:50.8

4: 11:39 12:18:29.0  
5: 12:44 12:31:12.1

8	25 Maud	HUSTACHE	euro-sports/foodery	8/10	Senior Women	4	53:17.8	1: 11:46:13	11:46:12.9
								2: 13:46	11:59:58.5
								3: 13:33	12:13:31.0
								4: 13:17	12:26:47.8
9	21 Audrey	BERNARD	Ride with Rendall	9/10	Senior Women	3	40:06.7	1: 11:45:23	11:45:22.8
								2: 13:09	11:58:31.2
								3: 15:06	12:13:36.7
10	23 Sarah	CONEY	Ride with Rendall	10/10	Senior Women	2	21:58.0	1: 11:44:09	11:44:08.2
								2: 11:20	11:55:28.0