



ONTARIO RETURN TO CYCLING UPDATE V.10 – December 23, 2020

The Provincial Government has implemented a Provincewide Shutdown effective December 26 to January 9, 2021, with the exception of the 27 health unit regions within Southern Ontario which will remain under lockdown to January 23, 2021. It is the responsibility of members to be aware of the restrictions in place within their region as it relates to Club, Team, and other cycling activities.

Please review the [Provincewide Shutdown Website](#) or contact your local health authority for full details

It is critical that you understand the limitations being placed on sport activities and gatherings within the applicable regions. The document Province Wide Shutdown may be downloaded through the above link but it must be read in conjunction with Ontario Regulation 82/20 also available through the link above to fully understand what may be permitted.

High Performance Exemption Indoor/Outdoor Facilities

Please note that the permitted exemptions for high performance programming listed in the above documents is strictly limited to *“persons who are athletes, coaches or officials training or competing to be a part of Team Canada at the next summer or winter Olympic Games or Paralympic Games”*.