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## ONTARIO RETURN TO CYCLING UPDATE V.6 – August 20, 2020

### Group Activities - **UPDATED**

- A. OCA sanctioned Group Activities may be comprised of a maximum of 20 participants per group (minimum 2 metres physically distanced) including pre, during, and post activity.
  - I. Consideration must be given to overall length of the group when on the road
- B. Clubs/Teams may have multiple Group Activities around the same time (to a **MAXIMUM # of 60 participants over all groups**), however these activities should be spaced out by either time and/or location to avoid congregation pre/post activity and to avoid the potential for overlapping during the activity

### Grassroots ITT

- A. The maximum number of participants (including Starters, Timers, Marshalls, Volunteers, etc.) has been increased to 50.
  - I. Clubs/Teams should break a large group into smaller “waves” to avoid large congregating groups at the start and finish points.